

## Of Special Interest

I live in NPBH and read the paper as soon as I receive it. The other day I noticed that little attention is given to promoting exercise and overall activity among our community, especially for the youth. I have been very active most of my life and about a year ago I began doing Triathlons with my wife, which we love. Then we realized how many other people here on our very own street do Tri's as well. I mean just on our block there are at least 2 other Triathletes, which is amazing to me. I would like to propose an annual NPBH 5K run to my neighbors in order to promote and highlight our vision as a healthy, vibrant, and dedicated community. We could also have a Duathlon (Bike-Run) for the kids. I would propose a Triathlon.... but I am not sure who would want to swim in our lakes?! The proceeds could be used to improve our community or even set up scholarships for our youths. The entire run would take place inside the NPBH neighborhood starting and finishing at our park. I would like to know what the community response is and I could use some help getting it started. Thanks, Wilmet

***Editors Note-** Thanks for your input- I think this is a wonderful suggestion as I am sure many others would agree. Therefore we invite any community comments, suggestions and /or offers to help pull off such an event. We encourage you to send your comments to [NPBHeights@bellsouth.net](mailto:NPBHeights@bellsouth.net).*